

We cordially invite you to attend our

Fall into Health and Wellness Event



A new season. A new you.

Thursday, October 9th, 2014

5pm-8pm

Join us for an evening of guest speakers, demonstrations,
and healthy tips to make Fall your best season of 2014.

RICHARD STERLING

DOCTOR OF OPTOMETRY

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Dr Richard Sterling



@drRSterling



Richard Sterling



Event Schedule

6:00pm

How one conversation
can change your
health! With

*Lisa Foster, CHC,
Fostering Health*

6:30pm

The benefits of
specialty designed
contact lenses. With

*Laura Leusner,
Alcon Laboratories*

7:00pm

Eye safety and impact
resistance eyewear.

With

Dr. Richard Sterling, O.D.



Wine and Cheese

Just added!



Complimentary
Chair Massage